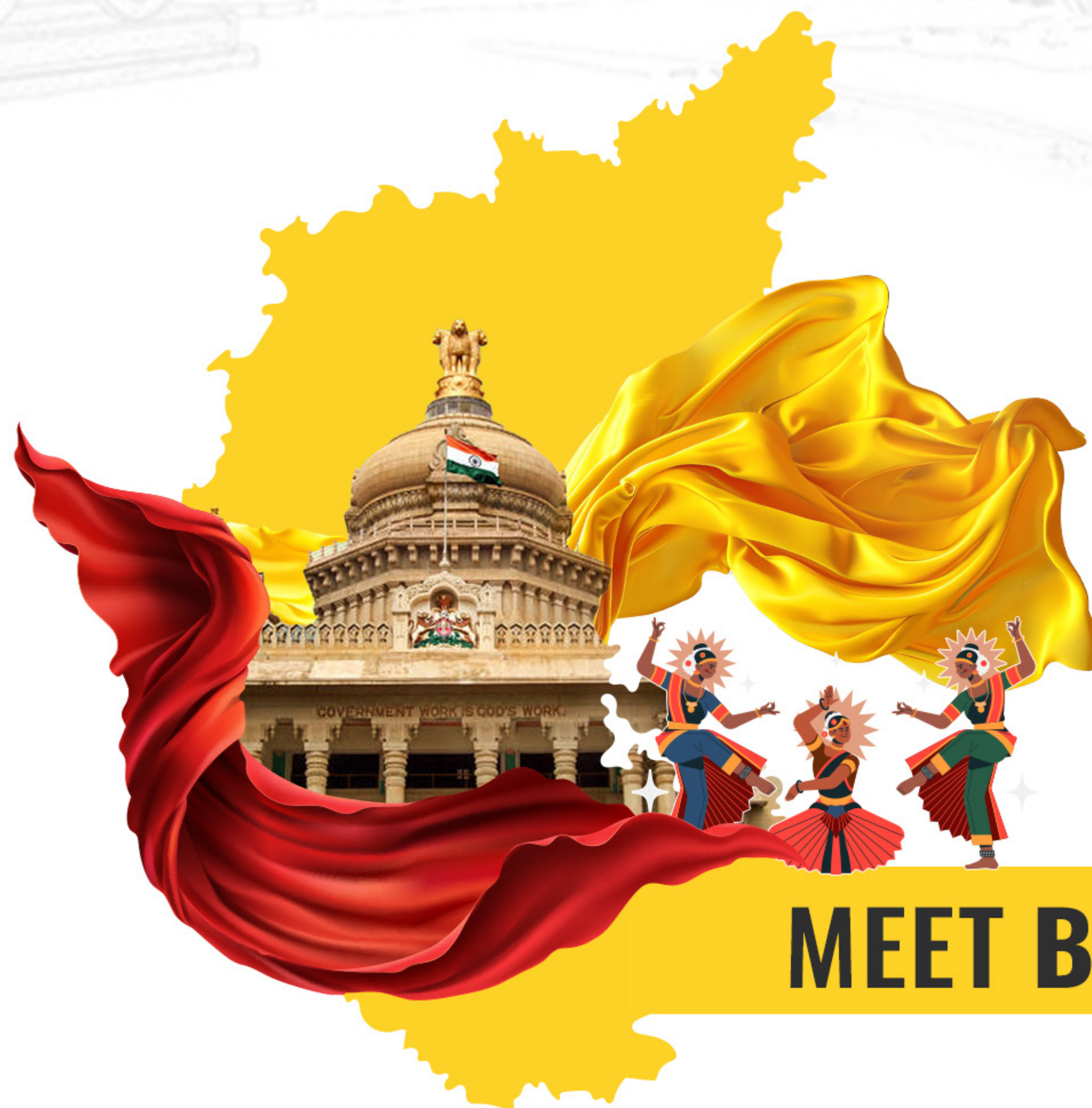
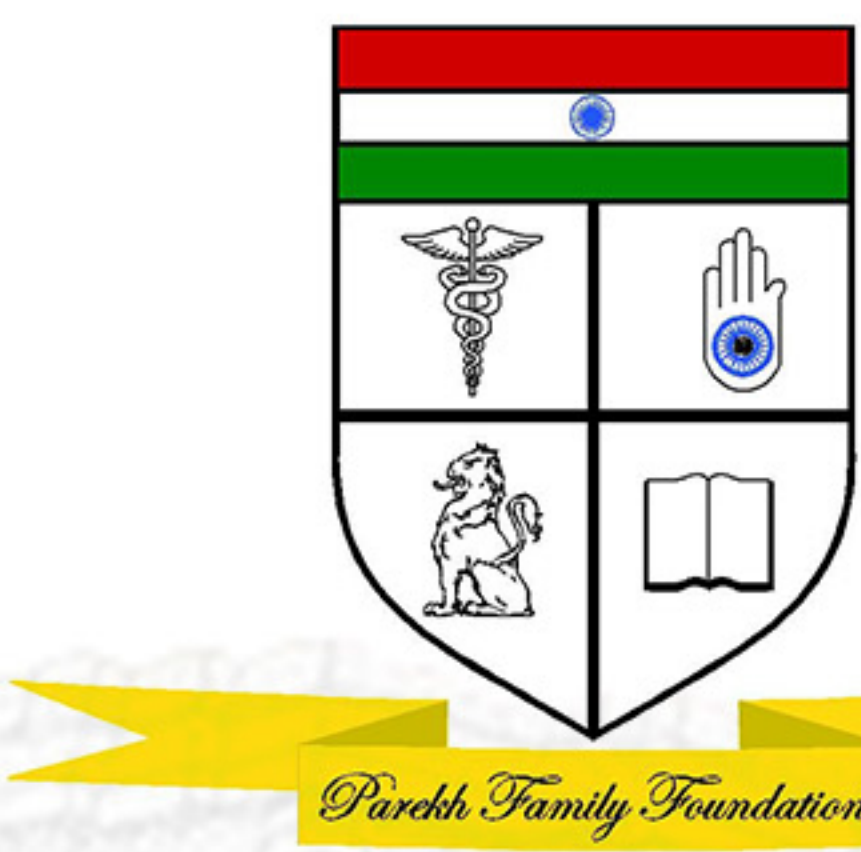




PAREKH IFAS INDO-US ADVANCED FOOT & ANKLE

MEET BENGALURU - 2026

IN PARTNERS WITH



1st

ANNOUNCEMENT

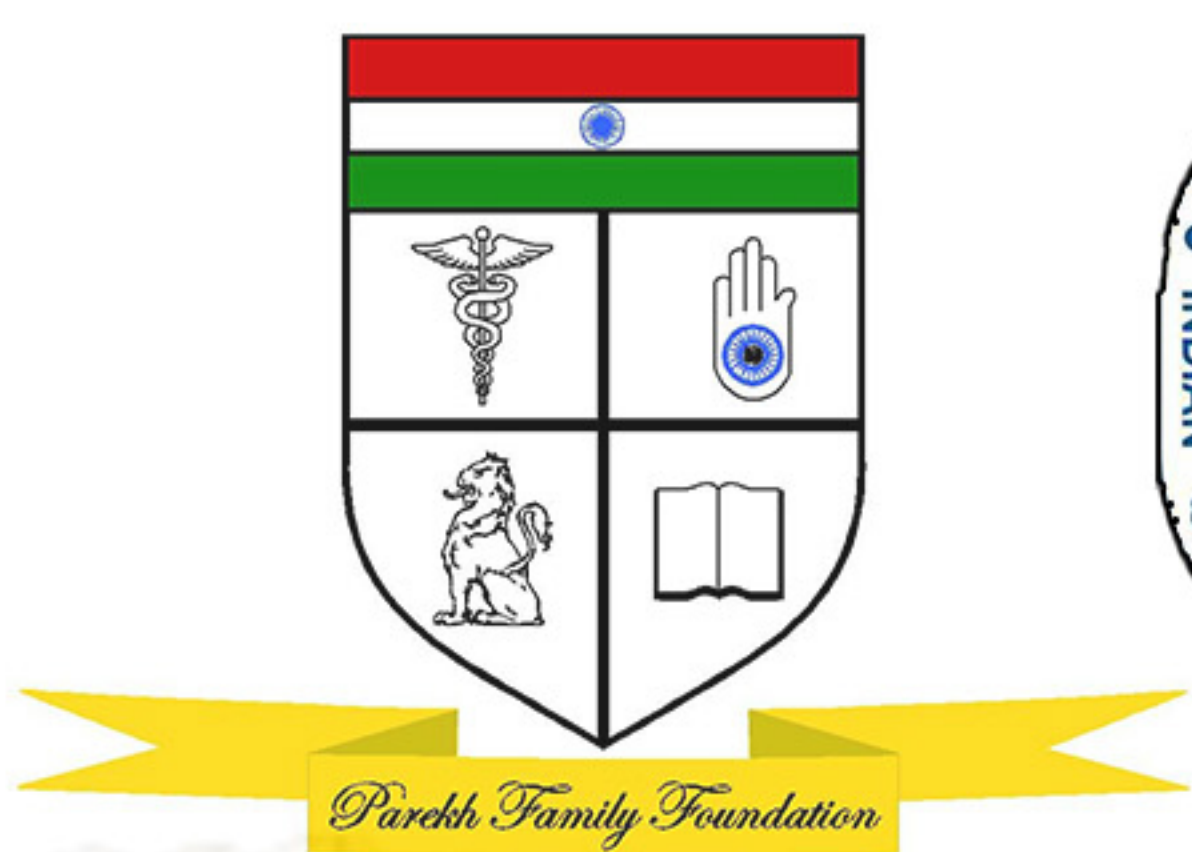
DATE : 9th to 11th JANUARY 2026



VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE,
#82, NALLURAHALLI, WHITEFIELD, BANGALORE – 560 066

APPLIED FOR 5 KMC CREDIT POINTS

ELEVATING EXPERTISE IN COMPLEX FOOT & ANKLE PROBLEMS



WELCOME NOTE

Dear Colleagues,

It is our privilege to welcome you to the Parekh IFAS Indo-US Advanced Foot & Ankle Meet – Bengaluru 2026, from 9th to 11th January 2026 at the Vydehi Institute of Medical Sciences & Research Centre (VIMS & RC).

This international event brings together leading orthopaedic surgeons from India, the U.S., and across the globe, offering a unique platform for learning, collaboration, and innovation in Foot & Ankle Surgery.

Highlights include live surgeries, workshops, cadaveric training, and panel discussions, ensuring valuable takeaways for both young trainees and senior specialists. Alongside academic excellence, the Meet also embraces community service with charity clinics and surgeries for underserved patients in Bengaluru.

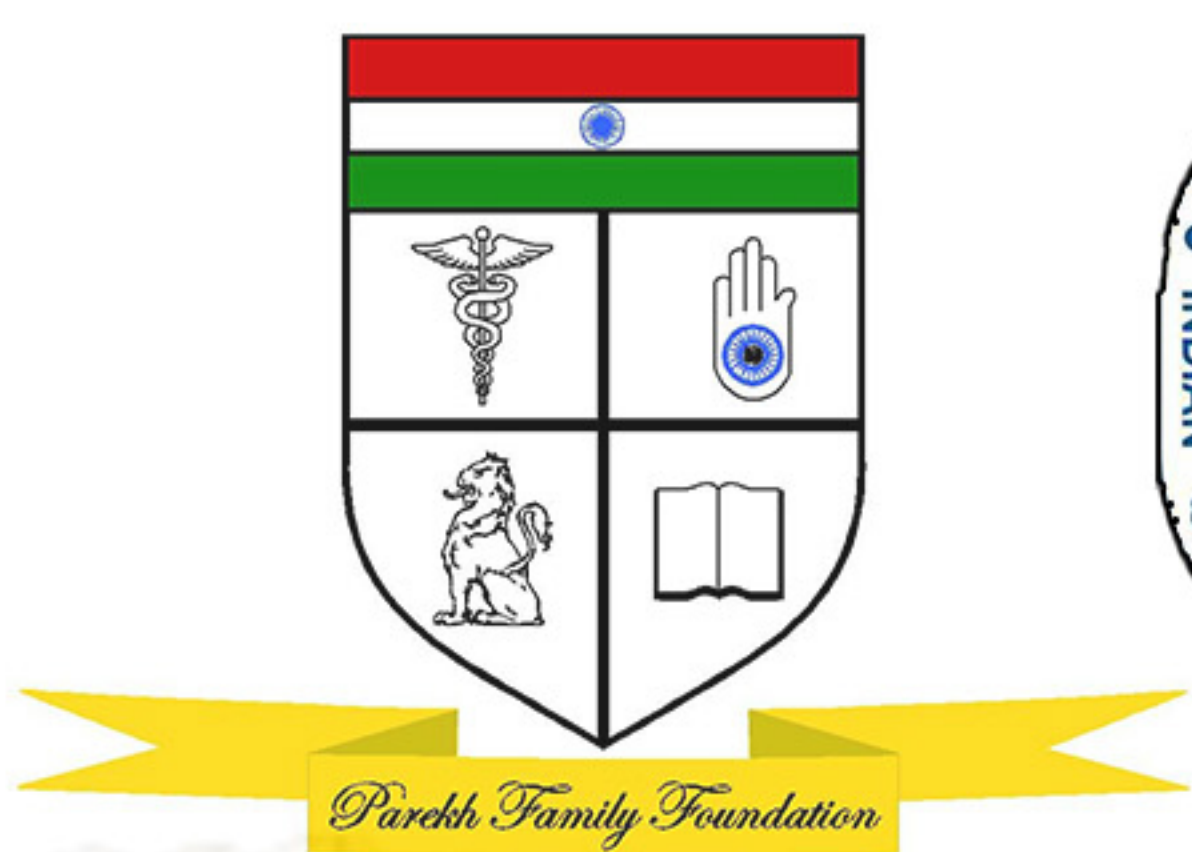
We warmly invite you to be part of this milestone event and look forward to your participation in shaping the future of Foot & Ankle Surgery.

With regards,

Organizing Chairman
Dr. Hiranya Kumar
Prof. & HOD, VIMS & RC

Organizing Secretary
Dr. Somasundaram Sekar,
Asst. Prof, VIMS & RC

Parekh IFAS Indo-US Advanced Foot & Ankle Meet – Bengaluru 2026



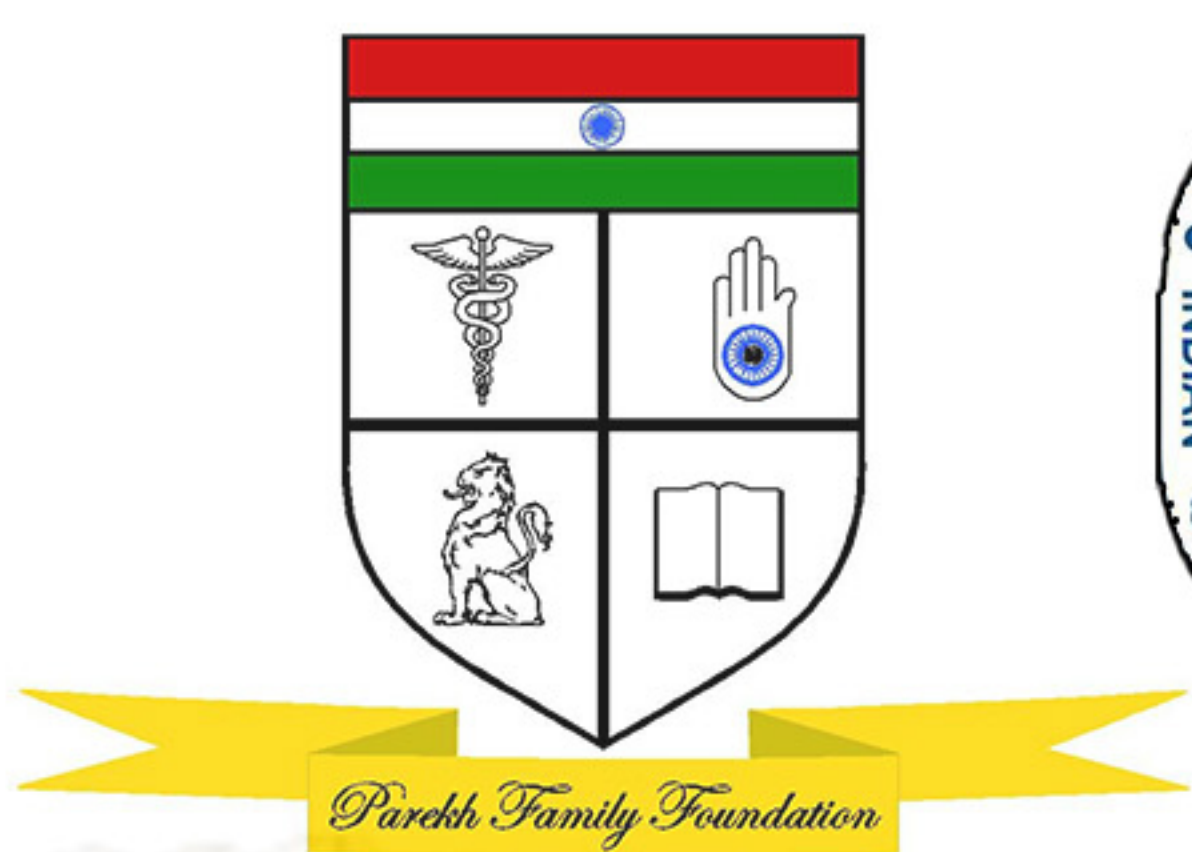
ABOUT VIMS & RC

The Vydehi Institute of Medical Sciences & Research Centre (VIMS & RC), Bengaluru, is one of India's leading centers of medical education, healthcare, and research. Established with a mission to deliver excellence in patient care and medical training, VIMS & RC has grown into a premier institution known for its state-of-the-art facilities, expert faculty, and patient-centric approach.

The Department of Orthopaedics at VIMS & RC, Whitefield, Bengaluru, is a center of excellence providing comprehensive care across all orthopaedic sub-specialities – Joint Replacement Surgery, Arthroscopy & Sports Medicine, Spine Surgeries, Deformity Correction, Paediatric Orthopaedics, Musculoskeletal Oncology Surgeries, Foot & Ankle Surgeries, Hand & Wrist Surgeries, Complex Trauma Surgeries.



Through its commitment to education, patient care, and research, VIMS & RC stands as a beacon of medical advancement in India, and a proud host of the Parekh IFAS Indo-US Advanced Foot & Ankle Meet – Bengaluru 2026.



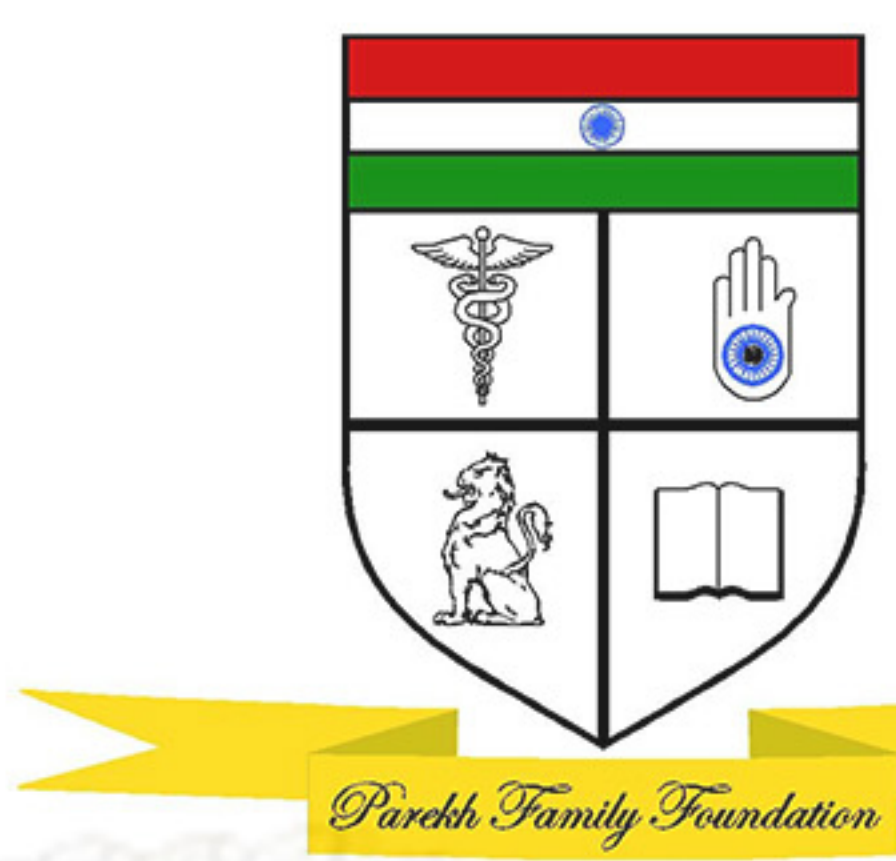
ABOUT THE EVENT

The Parekh IFAS Indo-US Advanced Foot & Ankle Meet – Bengaluru 2026 is an international academic and surgical platform dedicated to advancing the science and practice of Foot & Ankle Surgery.

Organized by the Parekh Family Foundation and Indian Foot & Ankle Society in collaboration with the Vydehi Institute of Medical Sciences & Research Centre (VIMS & RC), this prestigious event will convene leading orthopaedic surgeons, researchers, and trainees from India, the United States, and across the globe.

Building on over a decade of successful Indo-US collaborations, including international conferences and global town halls, this edition marks the return of the mission to India. The Bengaluru Meet promises a holistic academic experience, blending theory, practice, and service.





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AGENDA

DAY 1

Classroom Evaluation Of Cases For Surgery

Live Surgical Demonstrations

Case-Based Discussions

- ▶ **Blueprints to Biomechanics:** Designing the Ideal Flatfoot Reconstruction
- ▶ **The Cavovarus Conundrum:** Precision in Planning and Execution
- ▶ **Salvage Symphony:** Reconstructions in Charcot and Collapsed Feet
- ▶ **Total Ankle Replacement in Deformity:** When to Resect, When to Realign, Combining TAR with hindfoot corrections safely

Stump The Masters

DAY 2

Classroom Evaluation Of Cases For Surgery

Live Surgical Demonstrations

Case-Based Discussions

- ▶ **Percutaneous Bunion Correction:** Myths, Methods, and Mastery
- ▶ **Through the Keyhole:** Minimally Invasive Hammer toe and Lesser Toe Corrections
- ▶ **The Silent Heel:** MIS Calcaneal Osteotomies Without the Drama
- ▶ **MIS in the Diabetic Foot:** Less Trauma, More Healing? Role of limited incision procedures in high-risk hosts

Stump The Masters

DAY 3

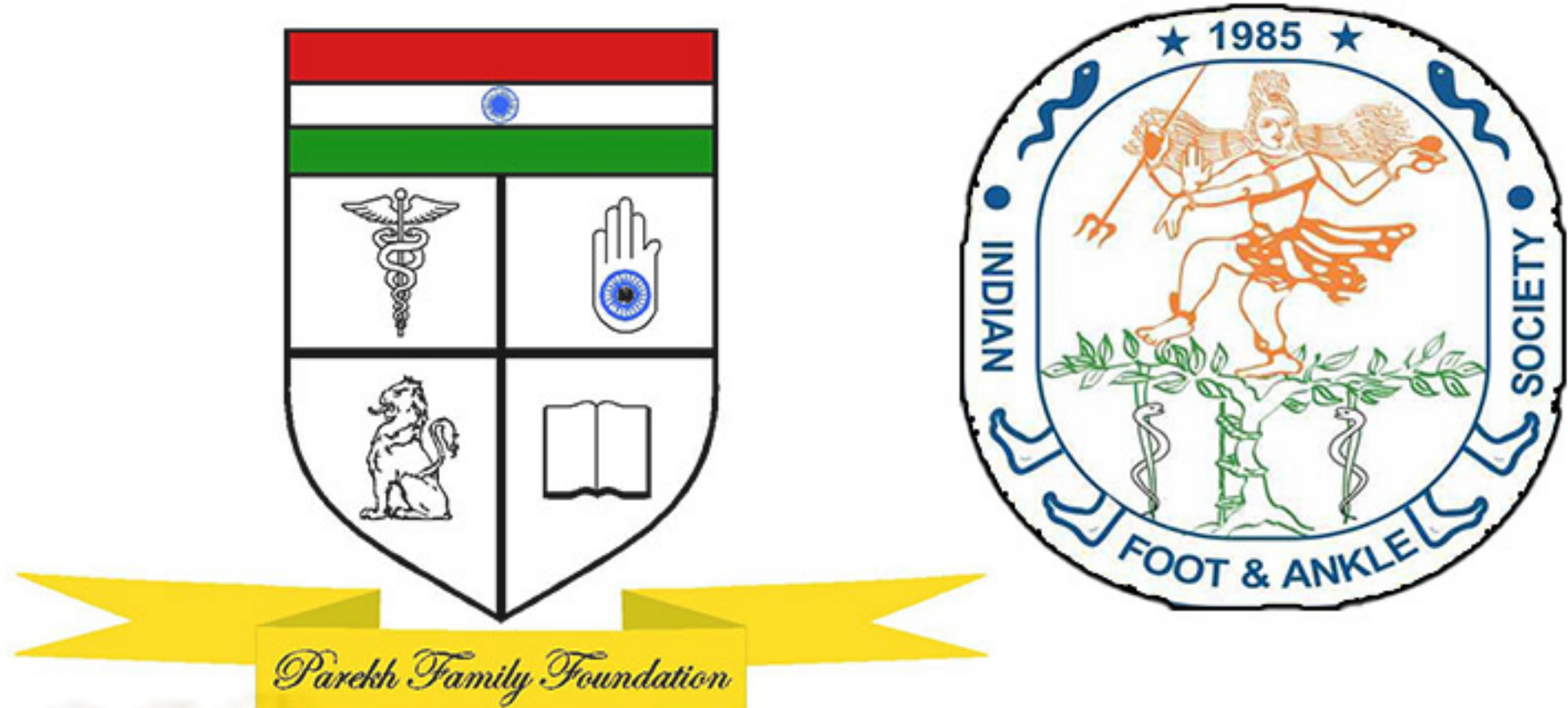
Case-Based Discussions

- ▶ **The Failed Flatfoot:** Revision Strategies When the First Fix Doesn't work: Pitfalls, diagnostics, and personalised solutions
- ▶ **The Failed Bunion:** When the Deformity Comes Back Worse
- ▶ **Recurrent Ankle Instability After Broström:** What Did We Miss? Revision ligament reconstructions and bony realignment strategies
- ▶ **Total Ankle Replacement Gone Wrong:** When to Revise, When to Fuse

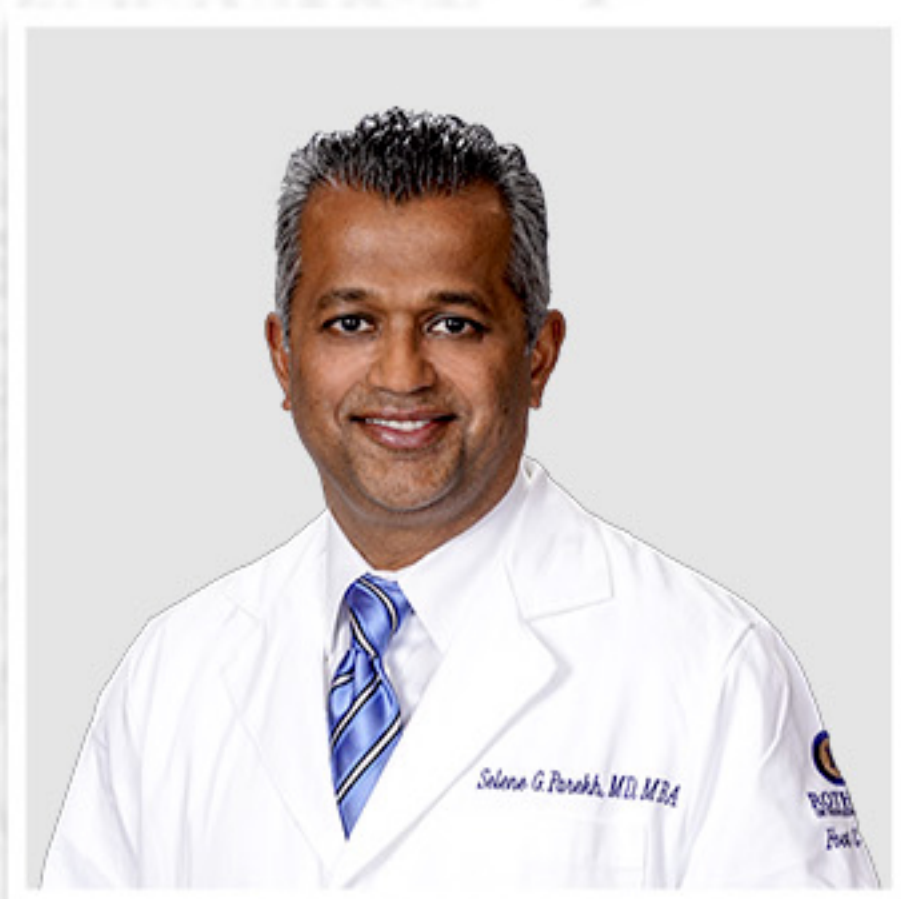
Case-Based Discussions

- ▶ **The Painful Ankle After ORIF:** Is Fusion the Only Way? Reconstruction or fusion?
- ▶ **Lisfranc and Beyond: Mastering the Midfoot Mayhem:** Keys to diagnosis, fixation choices, and avoiding collapse
- ▶ **High-Energy Hindfoot Injuries:** Managing Combined Talus + Calcaneus Trauma: Case pearls and fixation tricks for dual-injury patterns

Stump The Masters

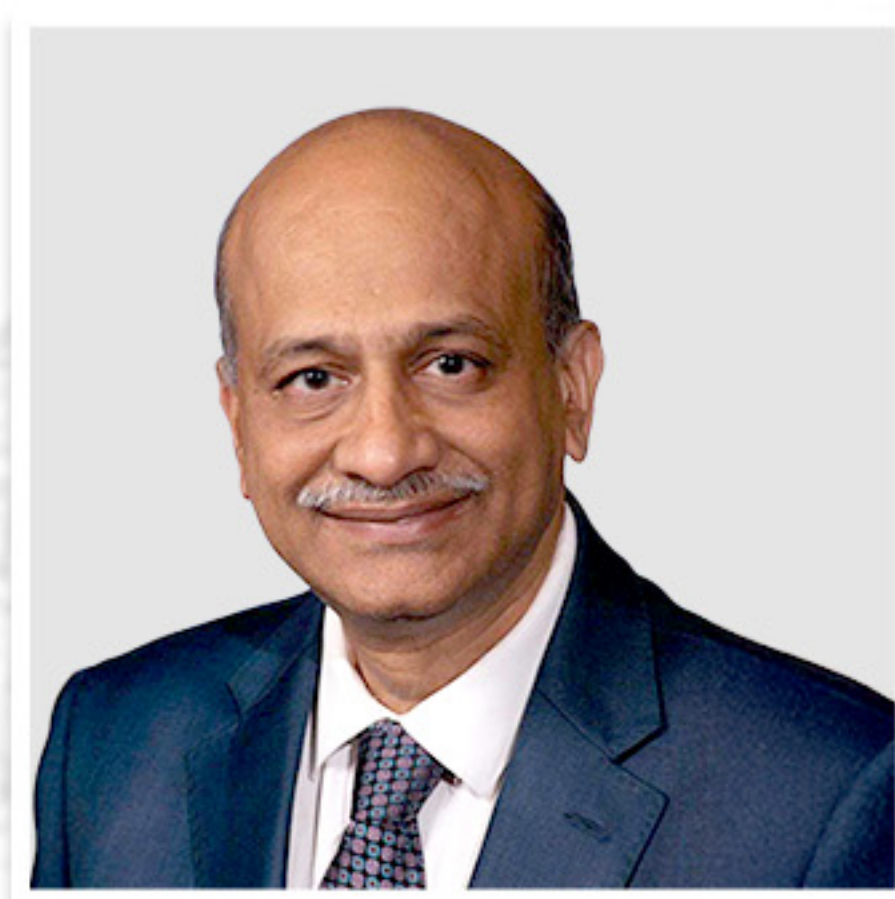


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Dr. S M AJAY
INDIA

IFAS SECRETARY



Dr. ABHIJIT BANDOPADHYAY
INDIA

INTERNATIONAL FACULTY



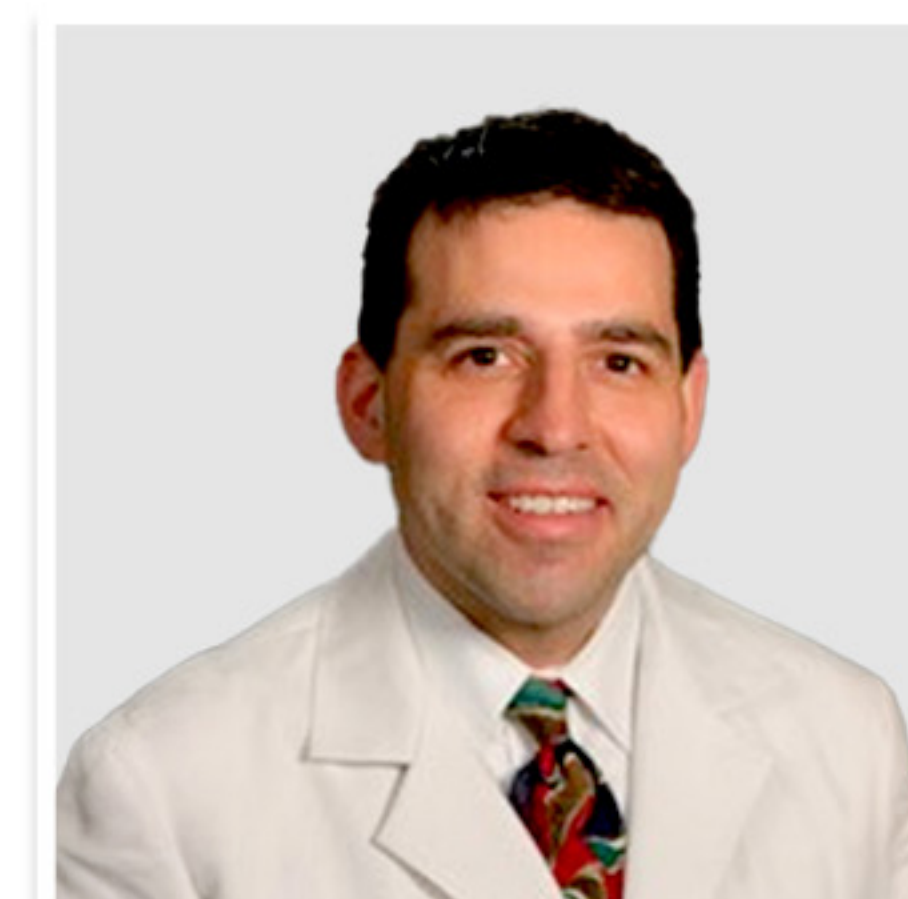
Dr. ANDRE J. PAGLIARO
USA



Dr. GREGORY W. KIRWAN
USA



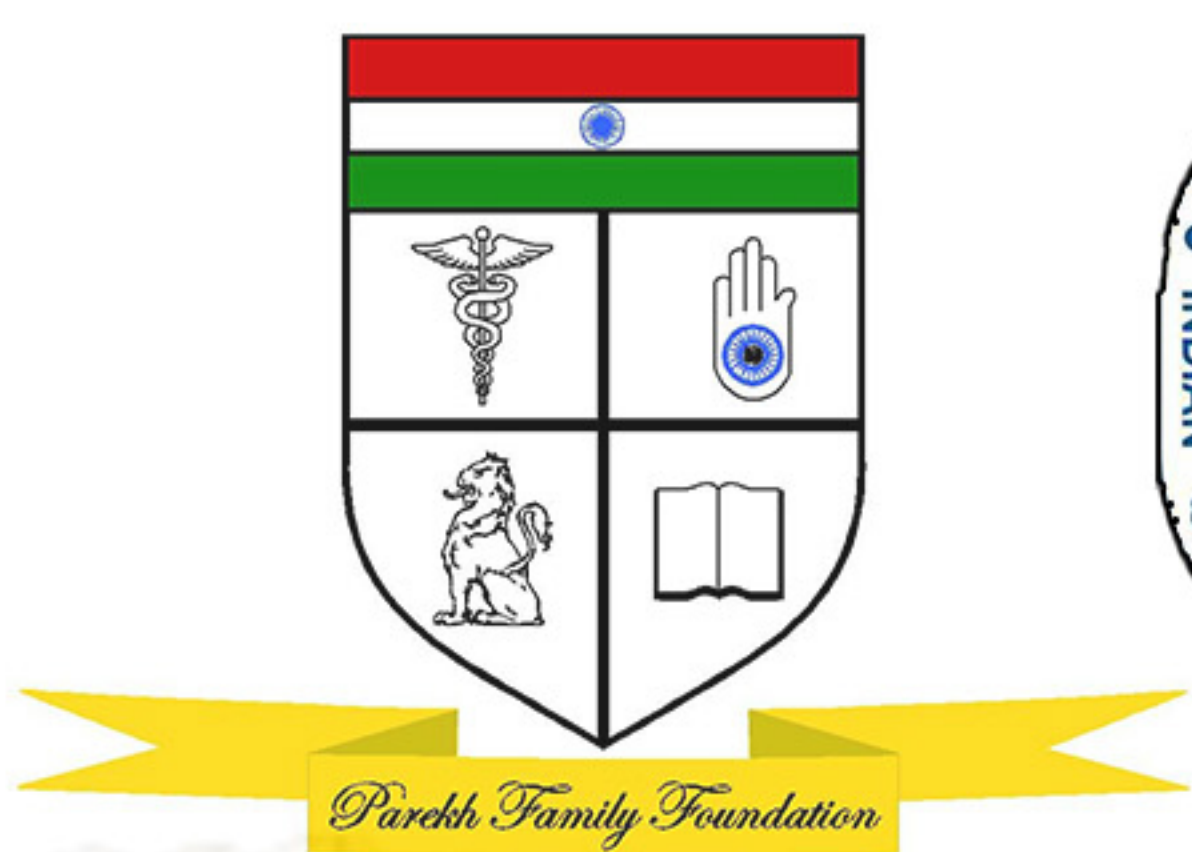
Dr. DAVID I. PEDOWITZ
USA



Dr. DANIAL FARBER
USA

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Dr. Abhijit Bandopadhyay
Dr. Inderjit Singh
Dr. J. Parthiban
Dr. Arun Kumar Ramanathan
Dr. Shyam Thakkar
Dr. Dhruvin Sangoi



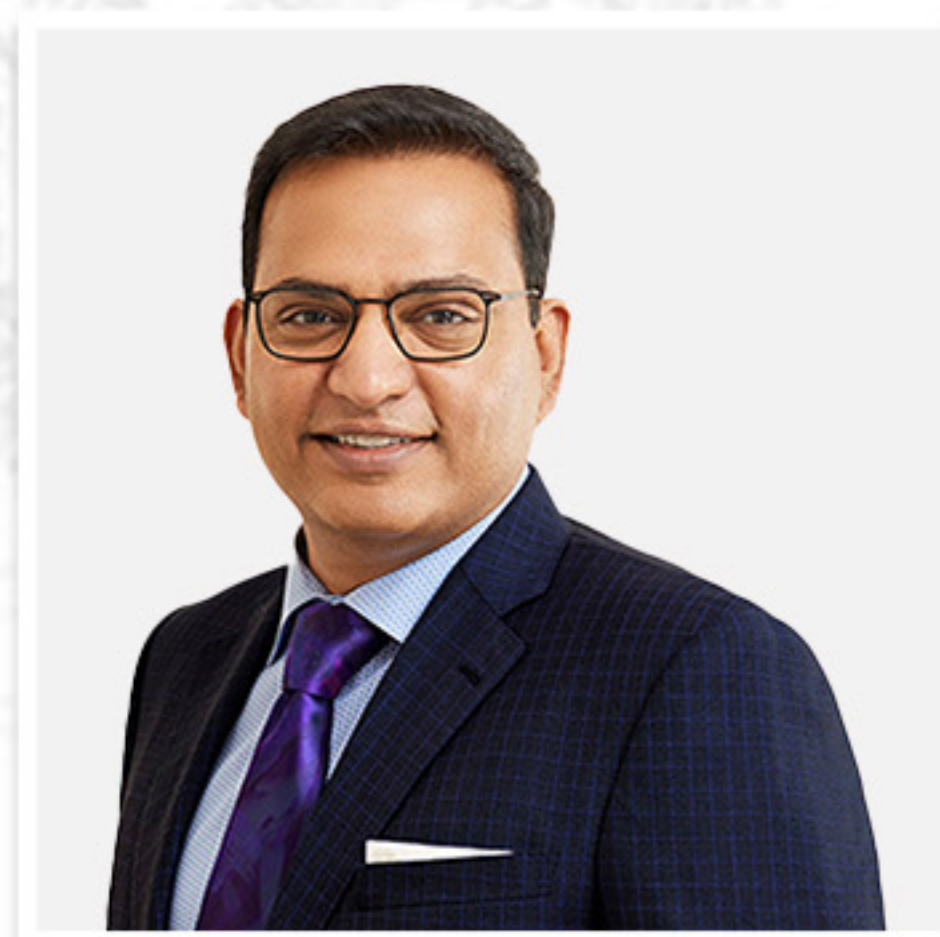
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PATRONS



Dr. D.A. KALPAJA DALAVOI
Chairperson
Vydehi Group of Institutions



Dr. MAHESH B. KOTTAPALLI
Advisor
VIMS&RC



Dr. SHREEDHAR VENKATESH
Principal
VIMS&RC



Dr. UMAMAHESHWAR M
Medical Superintendent
VIMS&RC

ORGANIZING CHAIRMAN



Dr. HIRANYA KUMAR
Prof. & HOD, VIMS&RC

ORGANIZING SECRETARY



Dr. SOMASUNDARAM SEKAR
Asst. Prof, VIMS&RC

LOCAL ORGANIZING COMMITTEE

Dr. Vishwanath MS

Dr. Aravind JD

Dr. Varun GBS

Dr. Ambareesh P

Dr. Vamshikrishna Chand N

Dr. Gurucharan S

Dr. Pradeep BA

Dr. Supreeth D R

Dr. Mohammed Shahid

Dr. Shashank Sonth

Dr. Raviraj T

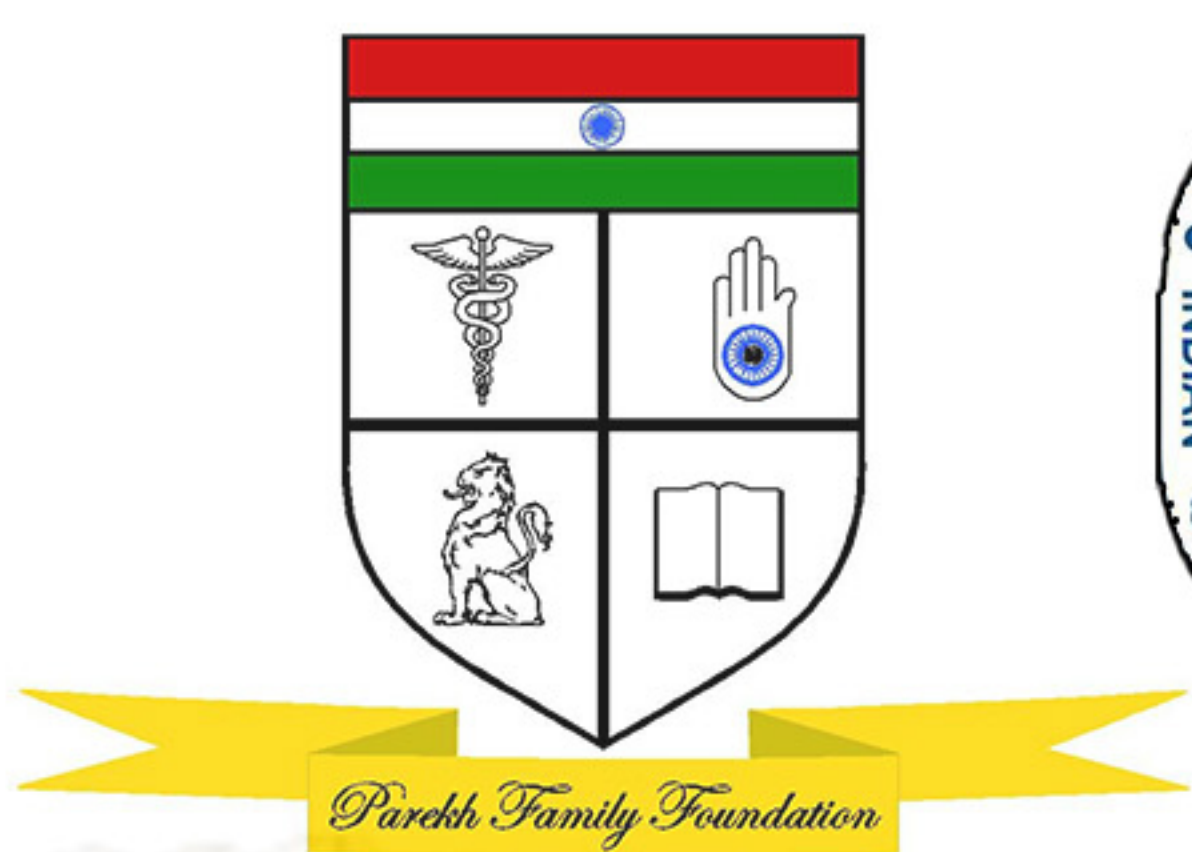
Dr. Prateek Patil

Dr. Karthik Vyasa

Dr. Amarnath D

Dr. Anirudh Rao

Dr. Nishanth Reddy J



REGISTRATION & FEES

Conference & Workshop Fees

Registration for the Parekh IFAS Indo-US Advanced Foot & Ankle Meet – Bengaluru 2026 is structured to encourage early enrollment and provide flexibility for participants.

All delegates must register for the main conference to be eligible for attending workshops.

FEE STRUCTURE CONFERENCE & WORKSHOP FEES

Registration Category	Till November 15 th	Till December 31 st	From January 1 st onwards
Conference	₹7,000 + 18% GST	₹8,000 + 18% GST	₹9,000 + 18% GST
Post Graduate	₹4,000 + 18% GST	₹5,000 + 18% GST	₹6,000 + 18% GST
Workshop	₹ 1,000	₹ 1,000	₹ 1,000

Note:

Conference registration is mandatory for participation in any workshop sessions.

Postgraduate participants must submit a letter from their HOD.

Workshop seats are limited and will be allocated on a first-come, first-served basis.

CME credits are applicable.

Registration fees include admission to all scientific sessions and stalls, as well as lunch on all days.

Secure your seat early to benefit from reduced fees and guaranteed access to exclusive workshop sessions.

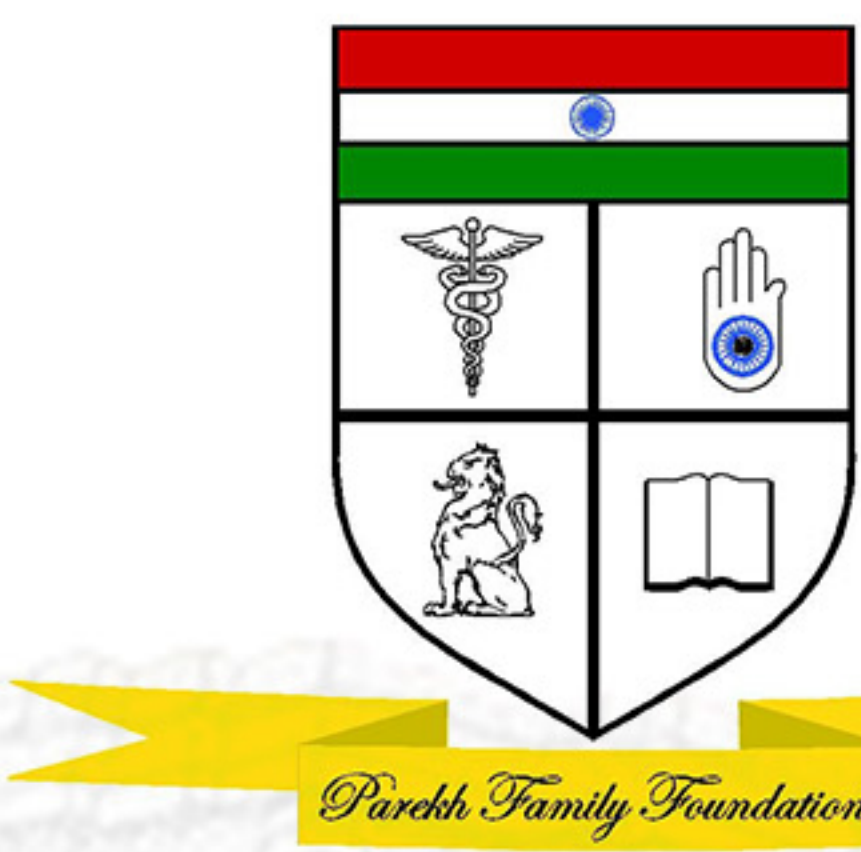
BANK DETAILS

Account no:- 9350801350

Bank:- Kotak Mahindra

Branch:- Basweshwara nagar, Bangalore

IFSC code:- KKBK0008035



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CONTACT DETAILS:

- ▶ Organizing Chairman – **Dr. Hiranya Kumar**
+919845589398
- ▶ Organizing Secretary – **Dr. Somasundaram Sekar**
+919845084668
- ▶ Course Coordinator – **Dr. Nishant Reddy**
+919980989000

Venue: Vydehi Institute of Medical Sciences & Research Centre, Whitefield, Bengaluru

WEBSITE SCANNER FOR REGISTRATION



Together for Excellence in Foot & Ankle Problems

✉ secretary.indousfootankle@gmail.com